

Activity Report



Third Country Training Program

“Strengthening Disability-Inclusive Disaster Risk Reduction in the ASEAN Region”

Course 3:

Facilitation for Change and Social Media Production on promoting DiDRR (Onsite)



14 (Sun) - 27 (Sat) January 2024

Chiang Rai Province and Bangkok, Thailand



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What is TCTP?

The Third Country Training Program (TCTP) is conducted by the governments of Thailand and Japan as part of their Technical Cooperation Scheme.

The course arrangements are set up by the Asia-Pacific Development Center on Disability (APCD) in collaboration with the Japan International Cooperation Agency (JICA), the Ministry of Foreign Affairs of Thailand through the Thailand International Cooperation Agency (TICA), and the Ministry of Social Development and Human Security of Thailand (MSDHS).

Course Title:

“Strengthening Disability-Inclusive Disaster Risk Reduction (DiDRR) in the ASEAN Region”

General Objective:

To empower persons with disabilities and their families to be able to live in a safe environment within their communities, if any disasters attack. As well as to fully participate in every process of the disaster risk reduction training.

Course Theme:

Course 1: Basic Principles of DiDRR, Mapping Situations, and Sharing Good Practices

Course 2: Training of Trainers (TOT) on Disability-Inclusive Disaster Risk Reduction (DiDRR): Development of Recommendations and Handbook

Course 3: Facilitation for Change and Social Media Production on promoting DiDRR

Course 1:

Specific Objectives

- 1) to study the situation of DiDRR in ASEAN and Japan
- 2) to exchange good practices on DiDRR between ASEAN and Japan
- 3) to produce documents on the methodology of DiDRR and disseminate them to ASEAN countries.
- 4) to showcase the potential of DiDRR among ASEAN countries with the lessons learned from Japan.

Duration

23 (Sat)–29 (Fri) July 2022 Self and virtual platforms

5 (Sun)–11 (Sat) February 2023 | On-site (Bangkok and Nonthaburi, Thailand)

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Course 2:

Specific Objectives

- 1) Develop recommendations for enhancing disability-inclusive disaster risk reduction (DiDRR) in ASEAN countries.
- 2) Generate contents and knowledge for a handbook on Disability-Inclusive Disaster Risk Reduction (DiDRR) through training processes for trainers.
- 3) Create a handbook for trainers on Disability-Inclusive Disaster Risk Reduction (DiDRR).

Duration

9 (Sun)–22 (Sat) July 2023 | Onsite (Phuket and Bangkok, Thailand)

Course 3:

Specific Objectives

- 1) Enhance participants knowledge and comprehensive of DiDRR concepts and principles.
- 2) Develop participants skills in facilitating training on promoting DiDRR processes.
- 3) Develop participants skills in producing social media content to promote DiDRR awareness.
- 4) Provide participants with opportunities to develop network and share experiences with other practitioners from ASEAN countries and other Asia-Pacific Countries.

Anticipated Benefits

- 1) Potential facilitators for promoting DiDRR in ASEAN countries were developed.
- 2) Training methods, facilitation skills and social media content on promoting DiDRR were developed and exchanged.
- 3) Media and other materials to spread the knowledge and skills of Disability-Inclusive Disaster Risk Reduction (DiDRR) were produced.
- 4) A network among trainers and facilitators in ASEAN and Japan was created.
- 5) The project wrap-up and follow-up system and its aftermath were monitored.





Executive Summary

A two-week training program in Thailand held in January 14–27, 2024, empowered 20 leaders with disabilities and disability sector and DRR government officials from 7 ASEAN countries (Cambodia, Laos, Indonesia, Myanmar, the Philippines, Thailand, and Vietnam) to become potential agents of change for disability-inclusive disaster risk reduction (DiDRR).

It was the Course 3 gathering. This 3-year initiative was jointly organized by the Thai and Japanese governments through the Thailand International Cooperation Agency (TICA) and the Japan International Cooperation Agency (JICA). The program implemented by the Asia-Pacific Development center on Disability (APCD), significantly enhanced participants' knowledge, skills, and networks to build resilient communities where no one is left behind in the face of disasters.

It aimed to enhance the participants' facilitation skills and knowledge on how to promote a positive mindset change and use social media effectively to strengthen DiDRR and the inclusion of persons with disabilities in disaster management. The course also combined theoretical and practical sessions, as well as field visits to earthquake-affected areas in Chiang Rai province, the APCD training center, and the UNCC building in Bangkok.

The key resource persons included Mr. Hiroshi Kawamura, a Japanese short-term expert. We appreciate all resource persons from the Japan Foundation, Bangkok Office, Asian Disaster Preparedness Center (ADPC), Mae Fah Luang University, Hill Area and Community Development Foundation, Department of Disaster Prevention and Mitigation, and UNESCAP. Their contributions have added immense value.

The participants, who were either leaders with disabilities or staff working in the disability sector from the government and private sectors, exchanged their experiences and challenges in DiDRR and learned from each other's best practices. They also created social media content to raise awareness about DiDRR and disability rights among their networks and communities.

The course was part of a three-year program that aims to build capacity of ASEAN countries on Disability Risk Reduction (DRR) creativity and disability inclusion.

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Schedule, Objective, and Key Takeaway

Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 0: Sun, 14 January 2024	All day Arrival at Bangkok	<ul style="list-style-type: none"> To greet the participants and arrange their transportation from the airport to the hotel 	-	APCD staff from APCD	Suvarnabhumi International Airport
Day 1: Mon, 15 January 2024	08:30 - 09:00 Registration	<ul style="list-style-type: none"> To check with participants on all participation process 			Best Western Chatuchak, Bangkok
	09:00 - 09:30 Opening ceremony	<ul style="list-style-type: none"> To welcome the guests and participants of the TCTP Course 3 To introduce the theme and purpose of the TCTP course 3 To acknowledge the partners, implementers, and of the TCTP Course 3 			
	09:30 - 10:00 Course 3 Overview	<ul style="list-style-type: none"> To provide an overview of TCTP course 3 and express the anticipated outcomes to participants Self-introduction of participants, APCD and Interpreters 	Participants gained knowledge on: <ul style="list-style-type: none"> The topics and activities of TCTP Course 3 Agreement on the course outlines, concerns and expectations Overview of the training course 	Mr. Sawang Srisom, Chairperson of Transportation for All (T4A)	
	10:00 - 10:30 Previous Course Review	<ul style="list-style-type: none"> To review of key learning from previous courses 	Participants gained knowledge on: <ul style="list-style-type: none"> Key concepts and strategies in DRR and DiDRR Practical implementation and community participation Organizational Learning and Capacity Building etc. 	Mr. Sawang Srisom, Chairperson of Transportation for All (T4A)	





Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 1: Mon, 15 January 2024	10:45 - 15:15 Sharing Country Reports and Development of Country Handbook	<ul style="list-style-type: none"> To share update the handbook applications of previous participants To share country reports from new participants 	Participants gained knowledge on: <ul style="list-style-type: none"> How to implement “DiDRR” among participants’ countries Situation, opportunities, and challenges of accessibility Best practices and innovations 	Mr. Sawang Srisom, Chairperson of Transportation for All (T4A)	Best Western Chatuchak, Bangkok
	15:15 - 15:45 DET Process Review	<ul style="list-style-type: none"> To review Disability Equality Training (DET) 	Both existing and new participants had a clear understanding of: <ul style="list-style-type: none"> The challenges, obstacles and limitations faced by people with disabilities How to eliminate these barriers and include people with disabilities in the DiDRR workplan 	Mr. Sawang Srisom, Chairperson of Transportation for All (T4A) Ms. Supaanong Panyasirimongkol, APCD	
	18:00 Welcome Dinner				
Day 2: Tue, 16 January 2024	08:30 - 09:30 Recap of the previous day and Icebreaking activity	<ul style="list-style-type: none"> To recap the key contents of the previous day Review of DET Icebreaking activity 	Participants gained the knowledge of the facilitator's role <ul style="list-style-type: none"> Involving two main skills: listening and summarizing The way of practicing their communication and participatory skills in a professional setting 	Participants Ms. Hiroko Itako, JOCV on DiDRR, APCD	Best Western Chatuchak, Bangkok

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Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 2: Tue, 16 January 2024	09:30 - 12:15 Good Practices on DiDRR by Japan Foundation	<ul style="list-style-type: none"> To disseminate effective strategies for Disaster Risk Reduction (DRR) and the integration of individuals with disabilities, as implemented by the Japan Foundation To facilitate participants' comprehension of the soft practices implemented within their own community 	Participants gained the knowledge of: <ul style="list-style-type: none"> The roles of international cultural exchange activities on Disaster Preparedness Education Program and DiDRR Practices on Disability inclusion and creative DRR. An approach to resolving social issue by thinking outside the box and adopting new ideas and ingenuity 	Mr. Wathana Onpanich, Senior Program Officer, Japan Foundation, Bangkok Office	Best Western Chatuchak, Bangkok
	13:00 - 14:30 Effective Organization of Training Process	<ul style="list-style-type: none"> To share concrete model how to organize participatory training process effectively 	Participants gained the knowledge of: <ul style="list-style-type: none"> The importance of needs assessment for good training The importance of good lesson plan and guide to plan it Adult Learning Methodology Participants also practiced about lesson plan and presentation skills	Mr. Bill Ho, Director, Asian Disaster Preparedness Center (ADPC)	
Departure for Chiang Rai Province					
Day 3: Wed, 17 January 2024	08:30 - 09:00 Recap of the previous day	<ul style="list-style-type: none"> To recap the key contents of the previous day 	Participants gained the knowledge of the facilitator's role *Same as Day 2 Recap	Participants	The Heritage Chiang Rai Hotel and Convention





Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 3: Wed, 17 January 2024	09:00 - 16:45 Participatory training and facilitation skills	<ul style="list-style-type: none"> To comprehend the participatory training methodologies employed in community-level work To define the basic concepts of training and facilitation skills on DiDRR To develop participants skills in facilitating training on promoting DiDRR processes To exchange ideas among participants To receive feedback and suggestions from other participants 	<ul style="list-style-type: none"> Framework and ideas of Human Rights-based approach for disability inclusive development and DRR Participants practiced on facilitation skills 	Dr. Akio Kawamura, Mae Fah Luang University	The Heritage Chiang Rai Hotel and Convention
	16:45 - 17:00 Wrap-up	Wrap-up of the day	<p>The participants learned:</p> <ul style="list-style-type: none"> The skill of summarizing the main takeaways from each session How they could apply them in their own contexts How to identify the key points that were relevant to their hometowns and communicate them effectively 	Mr. Watcharapol Chuengcharoen, Chief Networking & Collaboration, APCD	

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Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 4: Thu, 18 January 2024	Travel to the Ban Pha Ka Suk Jai Village, hill area in Chiang Rai Province from the Heritage Hotel				HADF Chiang Rai
	10:00 - 12:00 Stakeholders' meeting at the office of Hill Area and Community Development Foundation (HADF)	<ul style="list-style-type: none"> To share how the earthquake affected these locations and lessons learned. To exchange experiences and best practices with the organization working with and for people in the Hill area. 	<p>The main takeaways from this session were:</p> <ul style="list-style-type: none"> The situation, the benefits, and the difficulties of living in the mountainous regions of Thailand Vulnerable groups of people who live in mountainous areas as ethnic groups Message from local experts who shared his / her experiences and insights on the M6.3 earthquake that hit Chiang Rai in 2014, and how it affected the people and the environment there. 	Resource Person from HADF Chiang Rai	
	13:00-15:00 Visiting Village	<ul style="list-style-type: none"> To visit and meet people at the village (divided two groups) 	<ul style="list-style-type: none"> Learned from and have Interaction with local people from hill area 	Resource Person from HADF Chiang Rai	
	Accessible check on the local market at the village				
	Travel from the hill area Back to hotel in Chiang Rai Province				
Day 5: Fri, 19 January 2024	08:30 - 09:00 Warm-up	<ul style="list-style-type: none"> To recap the key contents of the previous day 	<p>Participants gained the knowledge of the facilitator's role. *Same as Day 2 Recap Also, they learned</p> <ul style="list-style-type: none"> How to engage, motivate, and guide the participants of their sessions. Feedback and tips on how to improve their performance. 	Participants	The Heritage Chiang Rai Hotel and Convention





Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 5: Fri, 19 January 2024	09:00 - 16:45 Workshop on social media & networking production	<ul style="list-style-type: none"> To introduce social media platform in order to mobilize the work of DiDRR activities To raise awareness, share best practices, disseminate information, and mobilize resources for DiDRR initiatives through the social media platforms To use social media platform effectively for DiDRR activities 	<p>Some key points from the session on how to use social media for wise communication and networking for DiDRR activities:</p> <ul style="list-style-type: none"> Social media is a powerful tool for building relationships, sharing information and creating opportunities. To use social media effectively, we need to have a clear purpose, a consistent voice and a respectful attitude. Need to practice your social media skills and seek feedback from your audience and peers. By following these tips, they can enhance their professional image and online network. 	Ms. Ketkamon Artrit, Communication designer/ Independent Consultant	The Heritage Chiang Rai Hotel and Convention
	16:45 - 17:00	Wrap-up	*Same as previous Wrap-up	Mr. Watcharapol Chuengcharoen, Chief Networking & Collaboration, APCD	
Day 6: Sat, 20 January 2024	Travel to Center of Disaster and Mitigation (CDDM) region 15 Chiang Rai Province from the Heritage Hotel				CDDM region 15 Chiang Rai Province

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Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 6: Sat, 20 January 2024	09:00 - 12:00 Field Visit: Center of Disaster and Mitigation (CDDM) region 15 Chiang Rai Province	<ul style="list-style-type: none"> To learn about the implementation of Disaster Prevention and Mitigation Office (DDPM) on DRR and DiDRR in Thailand from presentation by Provincial Disaster Prevention and Mitigation Office and Provincial Social Development and Human Security Office Stakeholders' meeting Experienced Simulation Van 	Participants gained knowledge on: <ul style="list-style-type: none"> Lessons learned from Chiang Rai province to improve DRR and DiDRR efforts The challenges of DRR and DiDRR in Thailand The roles of services providers on DRR and DiDRR at local level 	Resource persons from DDPM, Provincial Social Development and Human Security Office	CDDM region 15 Chiang Rai Province
Departure from Chiang Rai Province and arrival in Bangkok					
Day 7: Sun, 21 January 2024	Accessible check and self-study				Bangkok
Leave for APCD					
Day 8: Mon, 22 January 2024	09:15 - 12:00 Field Visit: APCD	<ul style="list-style-type: none"> Learn good practices from APCD on facilitation skills and participatory training approaches on disability inclusion Touring APCD activities on disability inclusion, including: <ol style="list-style-type: none"> Friendly working environment & Facility Inclusive Employment on 60+Plus Bakery & Café Community-based inclusive Development program visit 	<ul style="list-style-type: none"> Good practices from APCD on facilitation skills and participatory training on disability inclusion APCD activities on disability inclusion 	Mr. Watcharapol Chuengcharoen, Chief Networking & Collaboration, APCD	APCD
	Lunch				APCD 60+ Kitchen by CP
	Travel to ESCAP from APCD				





Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 8: Mon, 22 January 2024	14:00 - 16:30 Field Visit: ESCAP	<ul style="list-style-type: none"> Sharing experiences on DiDRR implementation in Asia-Pacific countries with ESCAP representatives Touring the UNCC building and learning about ESCAP's work on disability and disaster risk reduction 	<ul style="list-style-type: none"> Good practices and challenges for mainstreaming disability inclusion in DRR in Asia and the Pacific 	Ms. Aiko Akiyama Social Affairs Officer, ESCAP	ESCAP
	Travel back to Best Western Chatuchak				
Day 9: Tue, 23 January 2024	08:30 - 09:00 Warm-up	<ul style="list-style-type: none"> To recap the key contents of the previous day 	*Same as previous day recap	Participants	Best Western Chatuchak, Bangkok
	09:00 - 16:45 Knowledge Management	<ul style="list-style-type: none"> To learn and familiarize participants with key knowledge management on DiDRR. 	Participants gained knowledge and practice on: <ul style="list-style-type: none"> The importance and the way to include persons with disabilities in a specific geographical area including; <ul style="list-style-type: none"> - Collecting information - Creating contents - Disseminate information - Organizing information for further usage Accessibility of information related DiDRR 	Mr. Hiroshi Kawamura, Japanese short-term expert	
	16:45 - 17:00 Wrap-up	<ul style="list-style-type: none"> Wrap-up 	*Same as previous Wrap-up	Mr. Watcharapol Chuengcharoen, Chief Networking & Collaboration, APCD	

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Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 10: Wed, 24 January 2024	08:30 - 09:30 Warm-up	<ul style="list-style-type: none"> To recap the key contents of the previous day 	*Same as previous Recap	Participant	Best Western Chatuchak, Bangkok
	09:00 - 16:45 Clarification of key-points from pre-Questionnaire	<ul style="list-style-type: none"> Clarification of key-points from pre-Questionnaire 	Participants gained the opportunity for; <ul style="list-style-type: none"> Sharing own country's challenges and expectation on outcomes of the course Also, gained the knowledge of: <ul style="list-style-type: none"> Best practices and challenges of participants' countries The feedback and suggestions from resource persons and other participants The practical skills requirements The information of Satellite Internet Services (Starlink) used for emergency response in Noto Peninsula earthquake 	Mr. Hiroshi Kawamura, Japanese short-term expert Mr. Somchai Rungsilp, Manager CDD, APCD	
	16:45 - 17:00 Wrap-up	<ul style="list-style-type: none"> Wrap-up 	*Same as previous Wrap-up	Mr. Watcharapol Chuengcharoen, Chief Networking & Collaboration, APCD	
Day 11: Thu, 25 January 2024	08:30 - 09:00 Wrap-up	<ul style="list-style-type: none"> To recap the key contents of the previous day 	*Same as previous Wrap-up	Participants	Best Western Chatuchak, Bangkok
	09:30 - 10:00 Course wrap-up	<ul style="list-style-type: none"> Conclusion of the TCTP courses outcomes Expected roles of proactive facilitator 	<ul style="list-style-type: none"> Overview of the main concepts and skills covered in a whole course and further expectation 	Mr. Somchai Rungsilp, Manager CDD, APCD	





Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 11: Thu, 25 January 2024	10:00 - 14:00 Formulation of action plan	<ul style="list-style-type: none"> To develop comprehensive and concrete action plan to share to policy level of ASEAN countries To incorporate feedback and suggestions from relevant experts and stakeholders 	<p>The participants conducted</p> <ul style="list-style-type: none"> a brainstorming session to formulate country action plan. 	<p>Mr. Hiroshi Kawamura, Japanese short-term expert</p> <p>Mr. Somchai Rungsilp, Manager CDD, APCD</p>	Best Western Chatuchak, Bangkok
	14:00 - 16:45 Presentation of action plan	<ul style="list-style-type: none"> To develop comprehensive and concrete action plan to share to policy level of ASEAN countries To incorporate feedback and suggestions from relevant experts and stakeholders 	<ul style="list-style-type: none"> The next steps and timeline for implementing DiDRR in Participants' country Feedback from resource persons and other participants 	<p>Mr. Hiroshi Kawamura, Japanese short-term expert</p> <p>Mr. Somchai Rungsilp, Manager CDD, APCD</p> <p>Dr. Kenji Kuno, JICA Advisor on Disability & Development, APCD</p>	
	16:45 - 17:00 Wrap-up	Wrap-up	*Same as previous Wrap-up	Mr. Watcharapol Chuengcharoen, Chief Networking & Collaboration, APCD	
Day 12: Fri, 26 January 2024	08:30 - 09:00 Warm-up	<ul style="list-style-type: none"> To recap the key contents of the previous day and week 	*Same as previous Recap	Participants	Best Western Chatuchak, Bangkok
	09:00 - 10:00 Presentation of action plan (Cont.)	<ul style="list-style-type: none"> To develop comprehensive and concrete action plan to share to policy level of ASEAN countries To incorporate feedback and suggestions from relevant experts and stakeholders 	<ul style="list-style-type: none"> The next steps and timeline for implementing DiDRR in Participants' country Feedback from Resource persons and other participants 	<p>Mr. Hiroshi Kawamura, Japanese short-term expert</p> <p>Mr. Somchai Rungsilp, Manager CDD, APCD</p>	
	10:15 - 12:15 Participant Interview	<ul style="list-style-type: none"> To conclude the reflection, evaluation and acknowledge the contributions of the participants 	<ul style="list-style-type: none"> Evaluation and acknowledge from participants. 	Resource person from APCD	
	12:15 - 14:30	Farewell Lunch			

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Day	Time	Objective	Key Takeaway	Facilitator and Organization	Venue
Day 12: Fri, 26 January 2024	14:30 - 15:00	<ul style="list-style-type: none"> Networking & Evaluation 	<ul style="list-style-type: none"> To strengthen the existing network Follow up system 	Mr. Watcharapol Chuengcharoen, Chief Networking & Collaboration, APCD	Best Western Chatuchak, Bangkok
	15:00 - 15:30	Certificate presentation and Closing ceremony			
Day 13: Sat, 27 January 2024	All day Departure	<ul style="list-style-type: none"> To send off participants to the Airport 			Suvarnabhumi International Airport

List of Participants

Country	Name - Surname	Position	Organization / Institute	Email
 Cambodia	Ms. Keorithea Um	Official Staff	Ministry of Social Affairs Veteran and Youth Rehabilitation	umkeorithea@yahoo.com
	Mr. Chhor Bonnaroath	Program Manager	Cambodian Disabled People's Organisation (CDPO)	pm@cdpo.org
 Indonesia	Mr. Aulia Biben Setyabudi	Assistant Advisor to Deputy Chief of Staff	The Executive Officer of The President Republic of Indonesia	aulia.biben@ksp.go.id
	Mr. Stepanus Fat Reski Pongmakamba	Captain	National Search and Rescue Agency Republic of Indonesia	pelaut.negeri.sipil@gmail.com
	Ms. Dewicha Kinanti Tandiar	Community Assistance Staff	YAKKUM Emergency Unit (YEU)	dewichakinanti@yeu.or.id
	Ms. Nanda Annisa Husni	Information and Communication Staff	YAKKUM Emergency Unit (YEU)	nandaannisa.yeu@gmail.com
 Lao PDR	Mr. Lapkeo Somchanmavong	Disability Inclusion Partnerships and Advocacy Officer	UN Resident Coordinator's Office	lapkeo.somchanmavong@un.org
	Mr. Thavisai Khammasi	Technical	Department of policy for Devotees Person with Disability and Older persons, Ministry of Labour and Social Welfare	canontouny@gmail.com
 Myanmar	Mrs. Nilar Htun	Director (Division)	Department of Disaster Management	nilarhtun.rrd@gmail.com
	Ms. Wai Kyi Phy	Project Manager - Safe Hospital Initiative Project	Humanity & Inclusion Myanmar	wk.phyo@hi.org





 Philippines	Mrs. Maricel De la Vega- Urdas	Project Development Officer IV	National Commission of Senior Citizens (NCSC) Clustered Region 3 (Regions 4A-CALABARZON, MIMAROPA, and 5-Bicol)	macedelavega@gmail.com
	Ms. Wennah Marquez	Officer	Persons with Disability Affairs Division City Government of Mandaluyong	wennah@gmail.com
	Mr. Cenin Faderogao	Program Coordinator	Autism Society Philippines	aspcenin18@gmail.com
 Thailand	Ms. Chawisa Thamnitchok	Plan and policy Analyst Practitioner Level	Department of Disaster Prevention and Mitigation' Ministry of Interior	chawisatham1@gmail.com
	Ms. Thitiporn Phringphloed	Administrative Staff	Association for the Mentally Ill of Thailand (AMITH)	shisophonica654@gmail.com
	Ms. Arthitaya Saengon	Assistant Teacher	Piboon Prachasan School (Autistic United Association)	saiismile12365@gmail.com
	Mr. Ekarak Junchai	Plan and Policy Analyst	Disaster Prevention and Mitigation Regional Center 2	ekkarak.j@gmail.com
 Vietnam	Mr. Pham Quang Khoat	Member of Standing Board / Chairman	Hanoi Association of People with Disabilities/Hoang Mai Association of Persons with Disabilities	quangkhoat104@gmail.com
	Mrs. Huynh Ngoc Hong Nhung	President	Can Tho Association of People with Disabilities	huynhngochongnhung@gmail.com
	Mr. Xuan Khanh Nguyen	Head of the Association's Inspection Committee	Hanoi Association of People with Disabilities	khanhalong@gmail.com
	Ms. Nguyen Thi Hoa (PA)	Personal Assistant (PA) of Mr. Pham Quang Khoat		hoa.summerschool@gmail.com

List of Resource Persons

Name	Position / Delegate for	Organization / Institute
Mr. Hiroshi Kawamura	Vice President	Assistive Technology Development Organization (ATDO)
Mr. Sawang Srisom	Chairperson	Transportation for All (T4A) Group and Vice-chairperson of the Nonthaburi Association of People with Disabilities
Mr. Wathana Onpanich	Senior Programme Officer	The Japan Foundation, Bangkok
Mr. Bill Ho	Director	Asian Disaster Preparedness Center (ADPC)
Mr. Akio Kawamura	Ph. D.	Former professor at Kwansai Gakuin University in Japan
Ms. Ketkamon Artrit	Communication Designers	Independent Consultant
Ms. Aiko Akiyama	Disability Focal Point Officer	United Nations Economic and Social Commission for Asia and the Pacific (UNESCAP)

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Interview Session:



Cambodia: Mr. Chhor Bonnaroath, Program Manager, Cambodian Disabled People's Organization (CDPO)

I gained my skills in disability inclusion and disaster risk reduction (DiDRR) at a two-day workshop. Mastering camera apps, social media, and Google Maps, I was able to equip myself to implement DiDRR efforts. A visit to the Department of Disaster Preparedness Management (DDPM) headquarters in Chaing

Rai further enhanced my networking and action planning insight. I eagerly plans to share my newfound knowledge through social media, live videos, and stakeholder meetings.

Indonesia: Ms. Nanda Annisa Husni, Information and Communication Staff, YAKKUM Emergency Unit (YEU)

This training enriched my understanding of DiDRR concepts and implementation across participating Asian countries. I gained new perspectives on promoting inclusivity, particularly involving persons with disabilities in disaster planning, response, and recovery. Networking with diverse colleagues, like Mr. Cenin from the



autism organization, was invaluable. I learned how stakeholders, including government officials, adapted strategies for the Indonesian context. Additionally, the training honed my facilitation skills, emphasizing the importance of crafted lesson plans to achieve learning objectives. Overall, this experience significantly expanded my knowledge and skillset. I wanted more practices on facilitation skills and new technical skills on social media next time.



Laos: Mr. Lapkeo Somchanmavong, Disability Inclusion Partnerships and Advocacy Officer, UN field office.

This course was a revelation for me. It taught me how to use social media effectively to create and share impactful content as well as facilitation skills for a training. I learned the good practices and techniques to reach and engage my target. But the most valuable lesson was the importance of networking and collaboration. I connected with

amazing people from different backgrounds and cultures and gained insights and inspiration from their experiences. Now, I'm ready to apply what I learned in my own context. I want to foster collaborative partnerships and use social media strategically to advocate for positive change in my community. I'm deeply grateful to APCD and the wonderful team that made this project possible. You gave us the skills and the network to make a difference.





Myanmar: Ms. Wai Kyi Phyo, Project Manager of Safe Hospital Initiative Project, Humanity Inclusion (HI)

My journey began with diving into the world of social media, crafting strategies, building teams, and understanding audiences. I learned the essentials of creating impactful photos, videos, and infographics for platforms like Canva. I also attempted into the heart of the Hill Area, connecting with the Lahu and Arkha communities

(Ethnic groups). I absorbed myself in their rich culture and learned their invaluable knowledge of disaster preparedness, particularly for earthquakes. A visit to the Disaster Prevention and Mitigation Center deepened our understanding, followed by a hands-on session that equipped us with practical skills. From UNESCAP, we gained valuable insights on accessibility features, ensuring inclusivity in everything we do. I learned from Japan's exemplary DiDRR practices, emphasizing preparedness for all. This experience ignited a passion within us: raising awareness about DiDRR and empowering communities with risk knowledge and solutions. We urge everyone to understand their disaster preparedness plans and evacuation routes. I will return with a wealth of knowledge, inspired to tackle challenges, and share best practices across the ASEAN region.

Philippines: Ms. Wennah Galope Marquez, Officer, Persons with Disability Affairs Division City Government of Mandaluyong



The training was a useful learning experience on how to manage disasters in a disability inclusive way in the Philippines. It showed how social media can be used to spread information and reach more people, especially in Barangays, the smallest administrative division. The training also emphasized the role of policy, program implementation, and facilitation skills. Some of the key learnings from the training were

the importance of networking to increase service delivery scope, working with line agencies to improve funding and avoid duplication, and building partnerships for sustainable service delivery. The training also encouraged the use of the materials from the training and engaging with the sector of persons with disabilities to ensure their participation. I'd like to express my appreciation to APCD, JICA, and TICA for their support. I felt that the training will assist them provide better services and programs for persons with disabilities in the Philippines. The training made them realize the importance of disaster reduction and the need to influence others to do the same. For future training, I suggested visiting different areas, such as Vietnam, to learn from their experiences and practices, and sharing resources with other countries. This would help us to implement the training more effectively and understand the local community's needs and perspectives better. In summary, the training offered valuable insights into disability inclusive disasters reduction management in the Philippines.

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Thailand: Ms. Chawisa Thamnimitchok, Plan and policy Analyst, Practitioner Level, Department of Disaster Prevention and Mitigation' Ministry of Interior and and Ms. Nilobon Thongkam

The course in Chiang Rai introduced me to the linguistic and documentation challenges faced by ethnic groups in disaster situations, especially those with disabilities. I learned about practical earthquake preparedness and disability accessibility in TV programs, which are important for disaster risk reduction and disability inclusion awareness. I was impressed by the Universal

Design of the APCD facilities and other buildings, and I think more Thai buildings should adopt it. The main skill I gained from the course was how to use Canva for graphic design and social media creation, which is useful for engaging individuals with disabilities. I enjoyed working with other relevant organizations and departments, which expanded my project scope and enhanced my teamwork. I appreciate the course for its knowledge and the opportunity to learn from international participants. I hope networking will lead to better collaborations and outcomes. I also thank TICA, JICA and APCD, and all training courses' stakeholders for this valuable learning experience.

Vietnam: Mr. Pham Quang Khoat, Chairman, Hanoi Association of People with Disabilities / Hoang Mai Association of Persons with Disabilities



This course taught me many things. I learned how to communicate Disability Inclusive Disaster Risk Reduction (DiDRR) to the public and why it is important. I also learned how to conduct interactive training methods that respect everyone's views and encourage participation. Furthermore, I learned the skills and standards

for making social media products accessible for people with disabilities. I will share this knowledge with my colleagues and improve our social media work. I really thank TICA, JICA and APCD for this program. It was a valuable and enjoyable experience.





Appendix:

Closing Ceremony Program;



Closing Remarks 1: Mr. Piroon Laismit, APCD Executive Director

Lieutenant Sorawud Preededilok, Minister attached to Thailand International Cooperation Agency (TICA);

Mr. Kazuya Suzuki, Chief Representative, Japan International Cooperation Agency (JICA) Thailand Office;

Resource Persons;

ASEAN Participants

Good afternoon.

I extend my warmest greetings to all of you who are gathering here for the TCTP on "Strengthening Disability-Inclusive Disaster Risk Reduction in the ASEAN Region" Course 3. Congratulations to all ASEAN participants for successfully completing the training course. Your dedication to interactive learning has been commendable.

Third Country Training Program

This training course focuses on enhancing skills for training facilitation and social media production. I hope it helps to promote Disability-Inclusive Disaster Risk Reduction (DiDRR) program in your countries. The training aimed to equip you with the latest knowledge and skills, promoting an exchange of diverse knowledge and strong practicing on key skills. You will become effective facilitators and trainers in DiDRR. Furthermore, your wonderful action plan will be presented to relevant international organizations, the governments as well as community organizations in your Countries for further consideration and implementation.

My deepest appreciation goes to our key development partners, Thailand International Cooperation Agency (TICA) and Japan International Cooperation Agency (JICA) Thailand Office, for their great invaluable support and significant contribution.

Special thanks to Mr. Hiroshi Kawamura, a Japanese short-term expert. We appreciate all resource persons from the Japan Foundation, Bangkok Office, Asian Disaster Preparedness Center (ADPC), Mae Fah Luang University, Hill Area and Community Development Foundation, Department of Disaster Prevention and Mitigation, UNESCAP. Their contributions have added immense value. My heartfelt appreciation goes to the all-resource persons assistants and interpreters for their hard and wonderful work.

Dear Participants,

As APCD commits to actively promote DiDRR and disability inclusive development in ASEAN and Asia-Pacific Region. We are looking forward to having further collaboration with all of you as our networking.

I wish all of your safe journey back home. I am looking forward to meeting you in the future.

Thank you.





Closing Remarks 2: Mr. SUZUKI Kazuya, Chief Representative, JICA Thailand Office

Lieutenant Sorawud Preededilok, Minister attached to Thailand International Cooperation Agency, (TICA)

Mr. Piroon Laismit, Executive Director, Asia-Pacific Development Center on Disability (APCD)

Distinguished guests, dear participants, ladies and gentlemen

Good afternoon,

My name is Kazuya Suzuki, Chief Representative, JICA Thailand Office.

Today, as we bring this remarkable journey to a close, on behalf of JICA, I would like to express my deep appreciation to the APCD as well as TICA for successfully organizing this highly substantive training program.

Dear Participants, I believe that all of you have gained various and valuable knowledge not only in lecture rooms, but also from actual practices and site visits in Chiang Rai and Bangkok. This year, for the first time, the training was held outside of Bangkok. We were able to exchange our opinions with local organizations to learn about facilitation skill and networking productions through social media, which is very unique contents for Course 3.

Third Country Training Program

Throughout this course, we have come together as a community of change-makers, united by our commitment to inclusivity and resilience. The Handbook we developed through this program is a very powerful tool that will shape the future of disaster risk reduction in ASEAN region. They are not just documents, but the embodiment of our collective wisdom, experience, and shared aspirations.

Disasters can affect people of all abilities, and it is our duty to ensure that every individual is given the opportunity to prepare, respond, and recover. It is highly important the trainers will play a key role to raise the awareness why Disability Inclusive is necessary and how this process is useful not only for the people with disabilities but also all people, the elderly, children or any other citizens who live together in communities.

As we go forward, let us remain steadfast in our commitment to involve all related parties, such as community leaders, local organizations and media to create a region that is more resilient, inclusive, and equitable for all.

Also, JICA conducts training and projects for all types of disasters, including tsunamis, volcanoes, earthquakes, and floods. I encourage you to contact JICA in your country anytime you have a need.

In closing, I'd like to thank for Mr. Hiroshi Kawamura for your great contribution to this training course. And then, I extend my heartfelt gratitude to each and every one of you for your dedication and enthusiasm in the power of inclusivity. Let us carry the outcome of this course with us as we continue our journey, knowing that our efforts will make a difference in the lives of countless individuals. Together, we can build a future where no one is left behind in the face of disaster.





Closing Remarks 3: Lieutenant Sorawud Preededilok, Minister attached to Thailand International Cooperation Agency, (TICA)

Ambassador Piroon Laismit, Executive Director, Asia-Pacific Development Center on Disability (APCD)

Mr. SUZUKI Kazuya, Chief Representative of JICA, Thailand Office

Distinguished Participants, Ladies and Gentlemen,

I am delighted to see you all again and address the closing session of the Third Country Training Program (TCTP). On behalf of the Thailand International Cooperation Agency (TICA), Ministry of Foreign Affairs of Thailand, My heartiest congratulations to all the participants on your successful completion of the last course of our training program. I appreciate your dedication, commitment, and active engagement throughout the course.

Let me convey my special thanks and appreciation to JICA for its continued support in co-organizing another successful TCTP course. I would also like to acknowledge the Asia-Pacific Development Center on Disability (APCD)'s collaborative efforts in making this training invaluable and arranging resource persons to share expert knowledge and guidance, which have empowered the participants to make a real difference in the lives of people with disabilities during times of disasters.

Third Country Training Program

Dear participants

By delving deeper into the subject matter and learning from best practices implemented by the Community Development Foundation in Chiang Rai and the Social Development Division under the UNESCAP in Bangkok, you are now better equipped with practical skills to guide others in understanding and implementing DiDRR practices. Additionally, as you have gained experiences and insights from this training, I believe that you will be able to carry forward fresh ideas to develop creative contents on DiDRR for social media platforms. This is a powerful tool to enhance understanding and knowledge, enabling you to make significant contributions in your own countries and bring about positive changes for regional cooperation.

Let me finish by wishing all the participants every success in fulfilling your roles when you go back to work. Please keep in touch with each other to foster cooperation and partnership for the mutual progress and prosperity of our region.

Have a safe journey back home. Thank you very much.



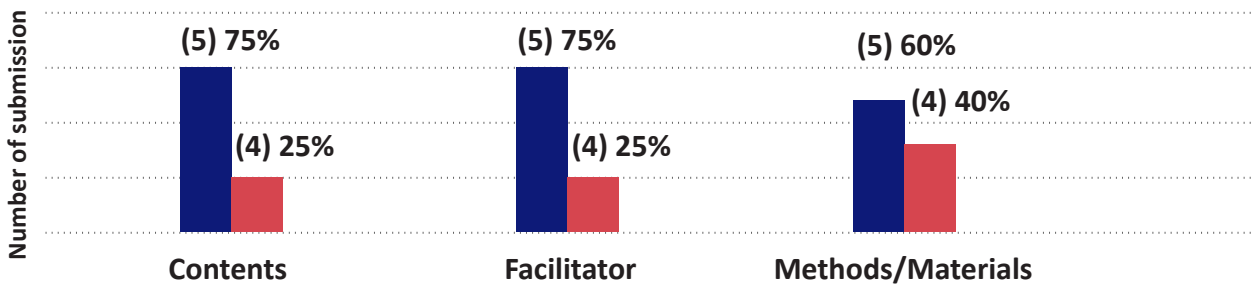


Evaluation Results:

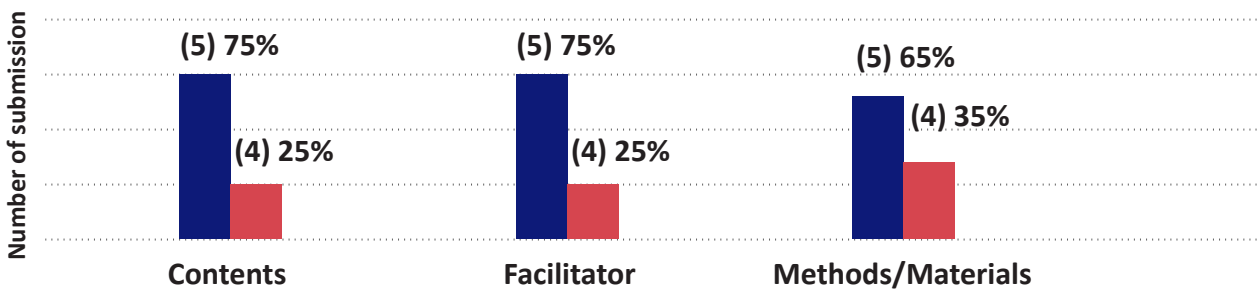
Ranking rate : (5) Very Good (4) Good (3) Fair (2) Poor (1) Very Poor

Day 1

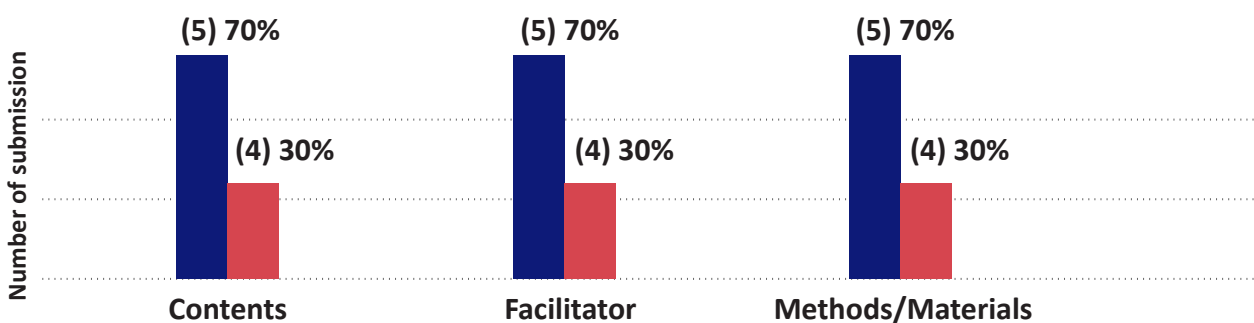
Opening Ceremony



Course 3 Overview

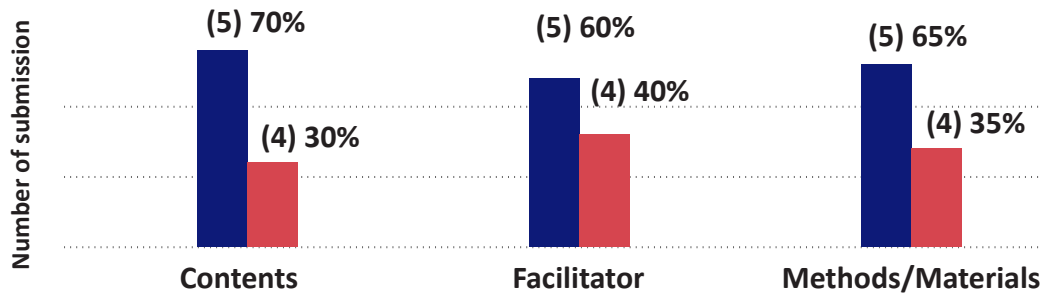


Previous Course Review

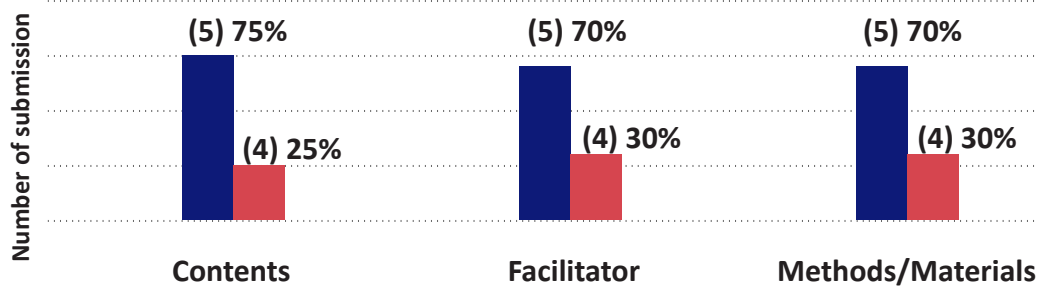


Third Country Training Program

Country Report & update of Handbook Application Presentation

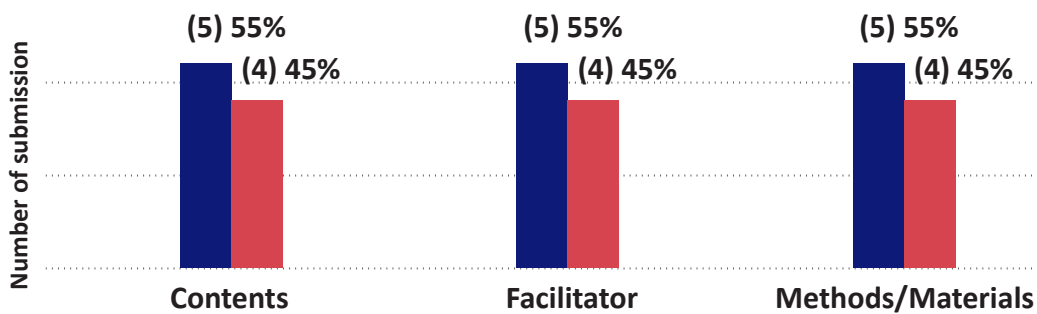


DET Process Review

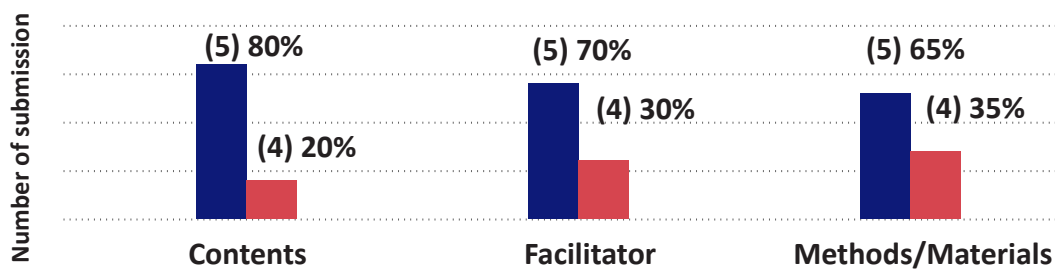


Day 2

Recap of the previous day



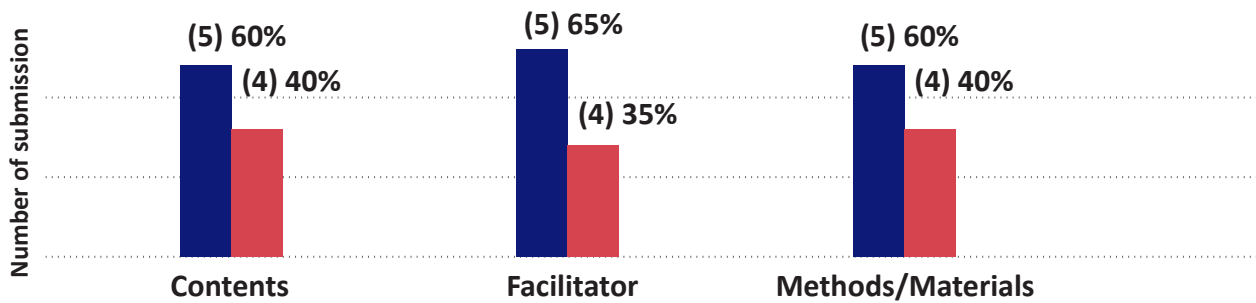
Good Practices on DiDRR by Japan Foundation



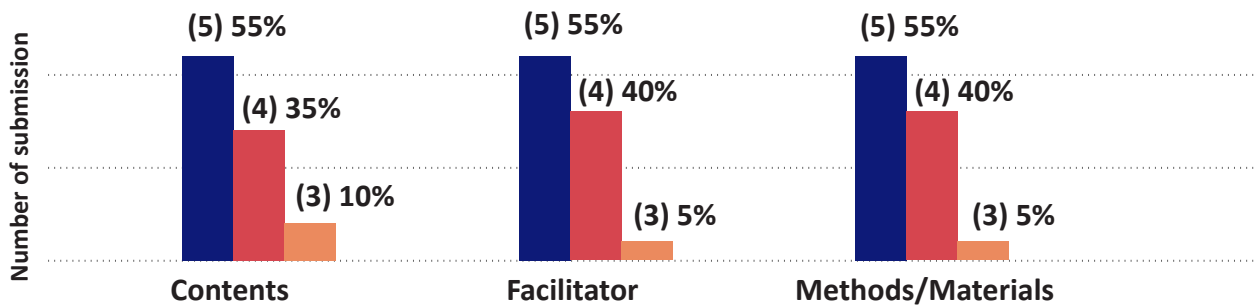


Day 3

Recap of the previous day

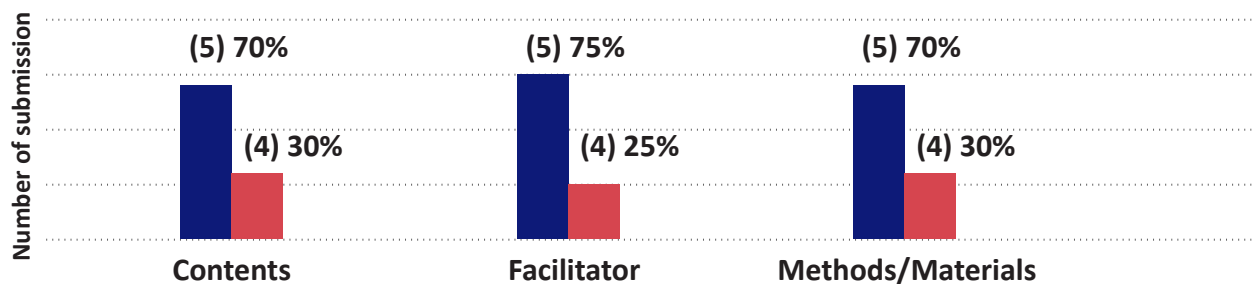


Training and Facilitation Skills

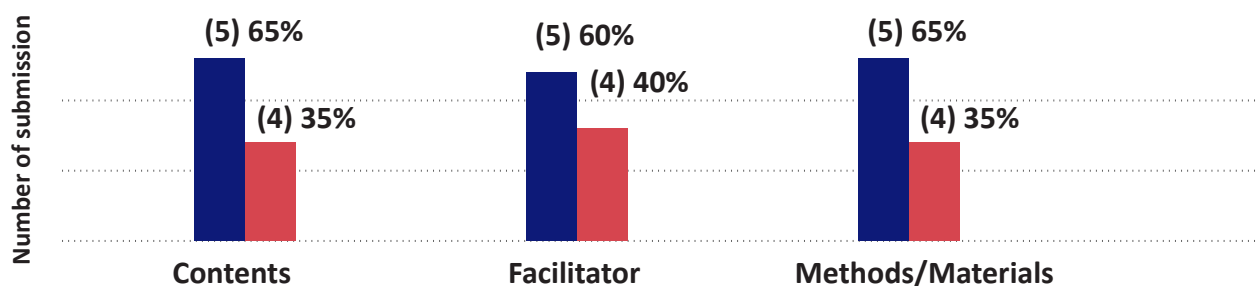


Day 4

Stakeholders' meeting



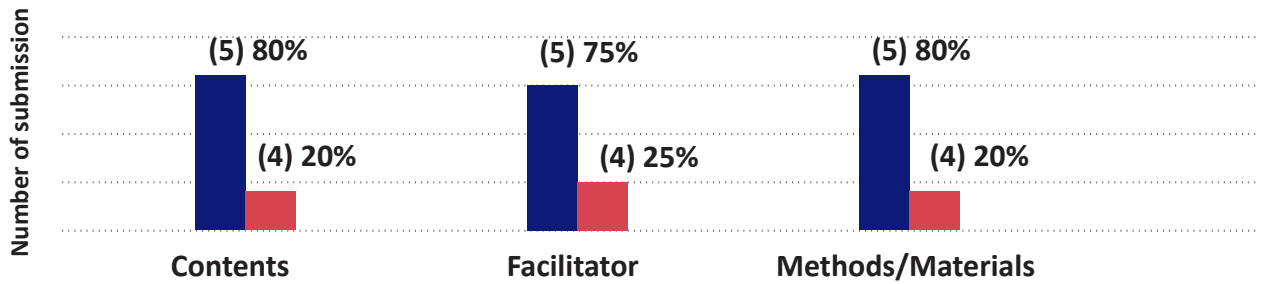
Visit and meet people at the village (two groups will be divided)



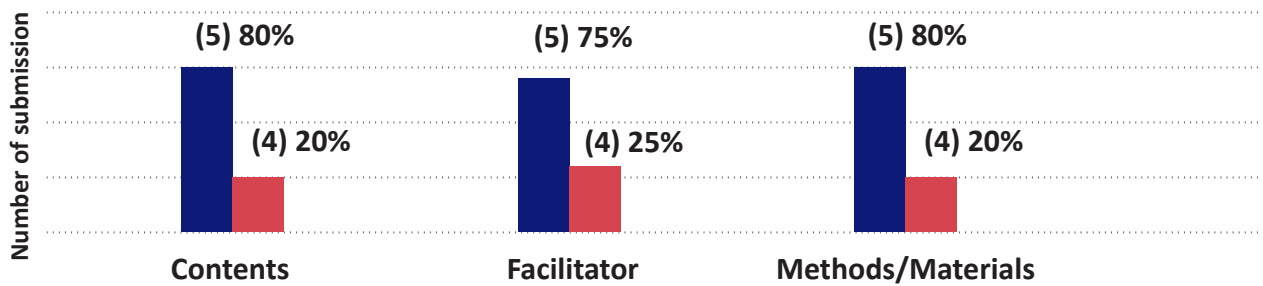
Third Country Training Program

Day 5

Workshop on Social Media & Networking Production

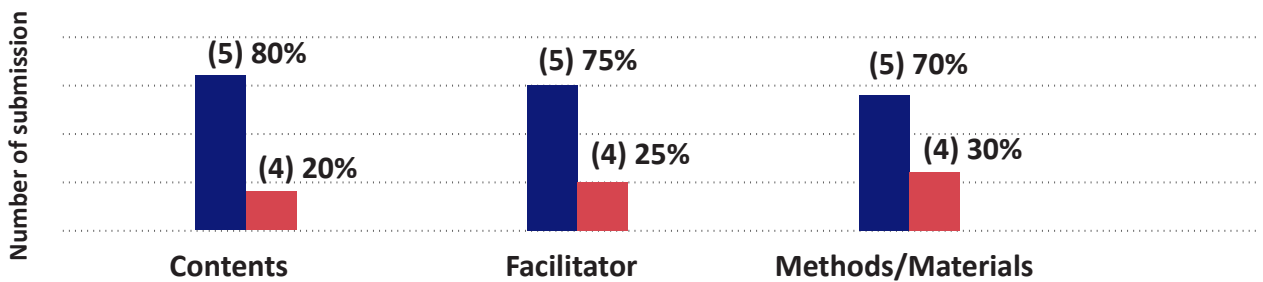


Wrap-up

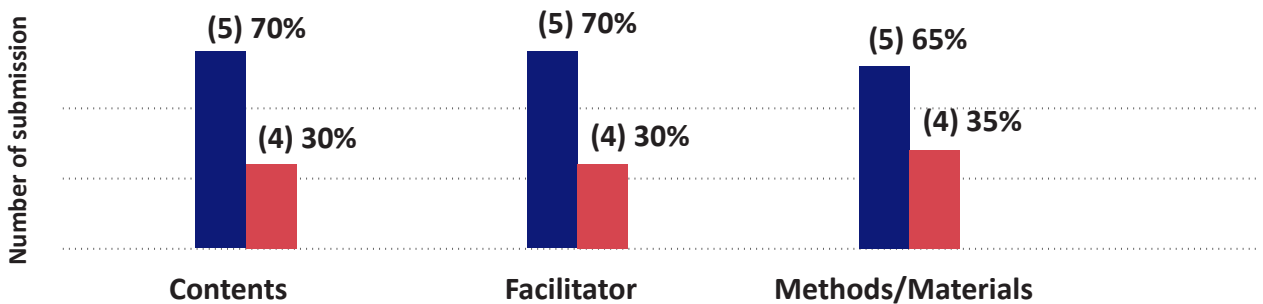


Day 6

Field Visit to Center of Disaster and Mitigation (CDDM) region 15 Chiang Rai



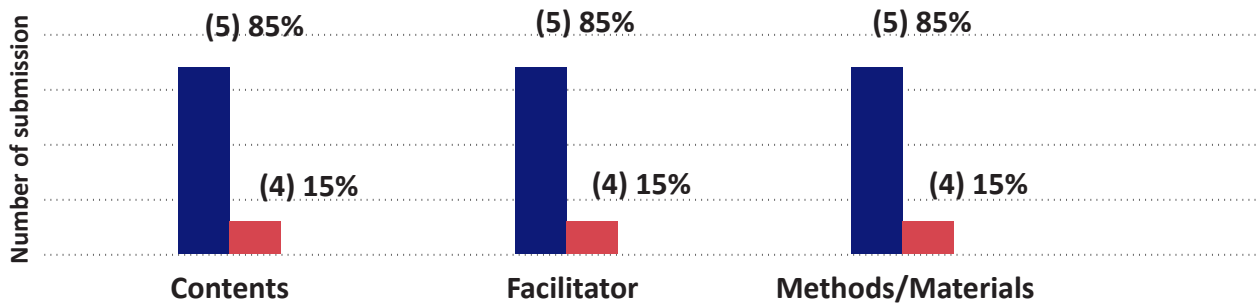
Accessibility check in Chiang Rai Province



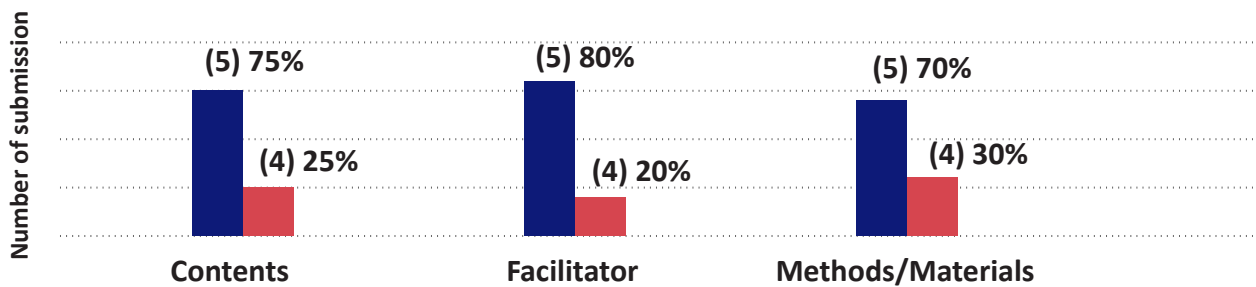


Day 8

Field Visit to APCD

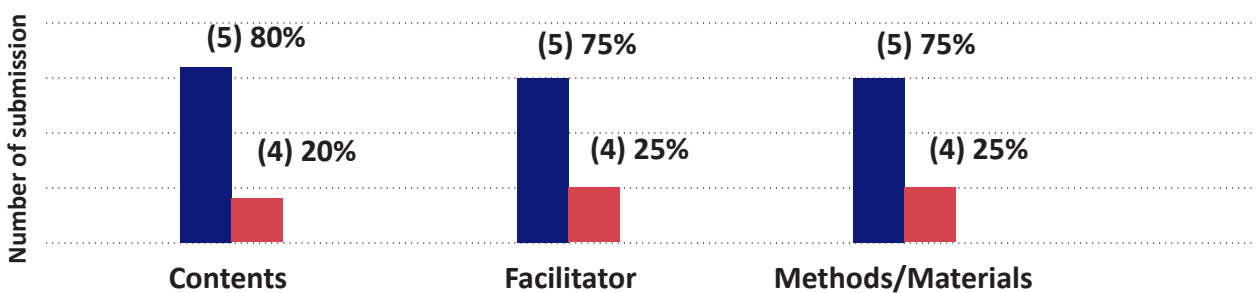


Field Visit to Social Development Division, UNESCAP



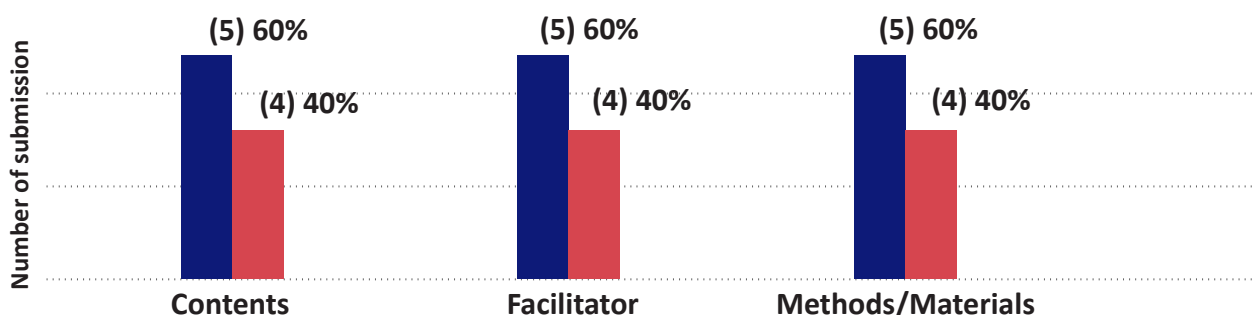
Day 9

Knowledge Management



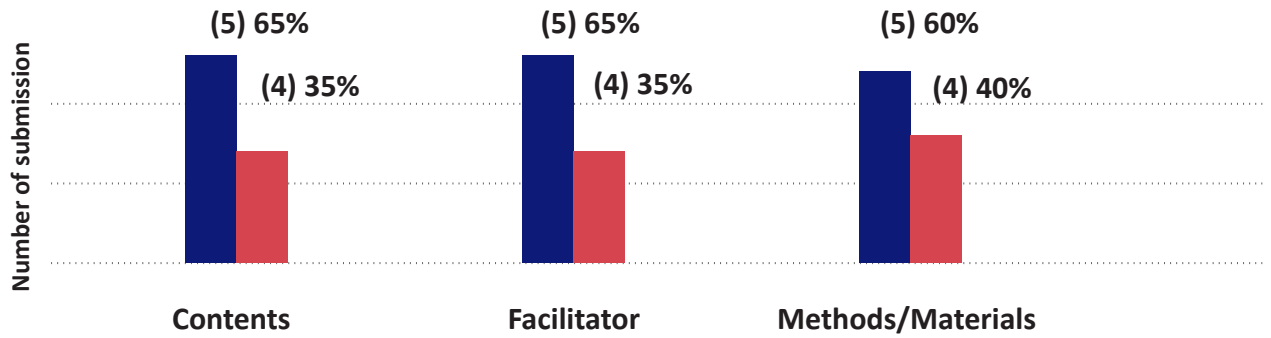
Day 10

Practices on Social Media I



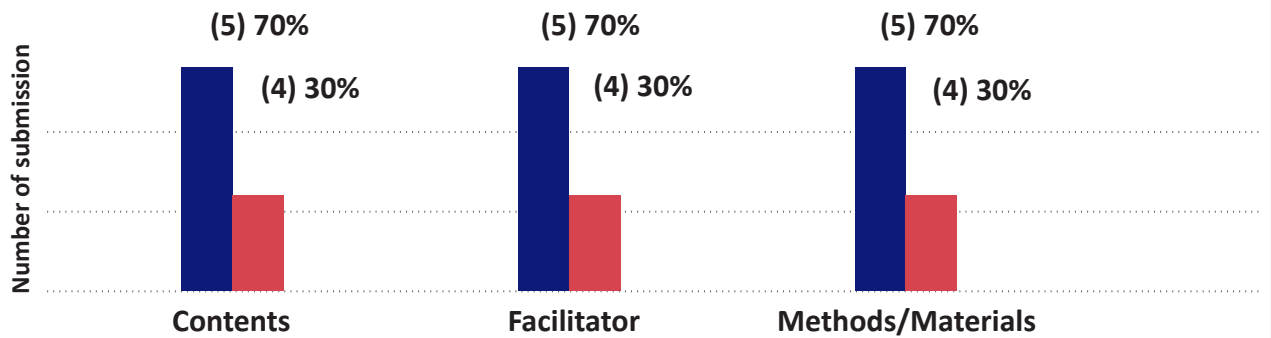
Third Country Training Program

Practices on Social Media II

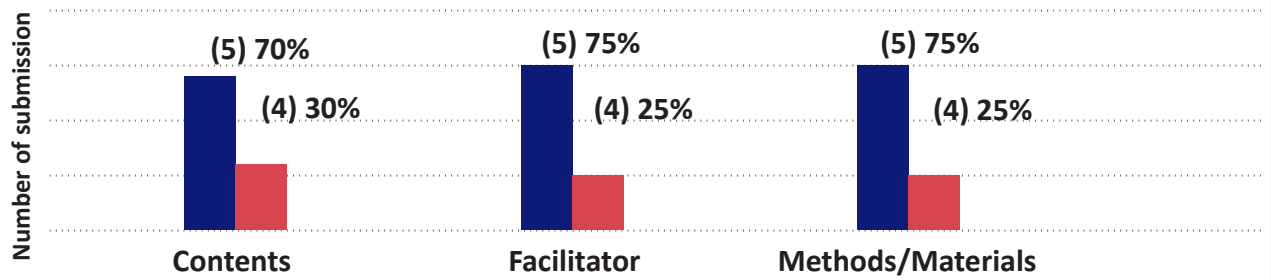


Day 11

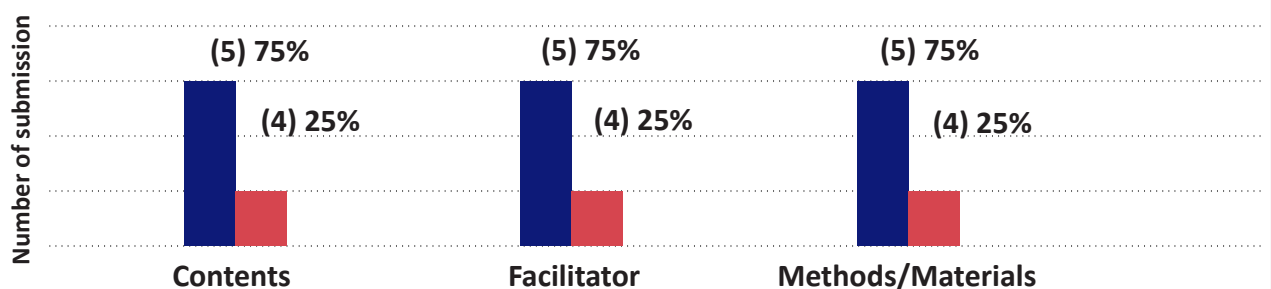
Practices on Social Media



Content Conclusion



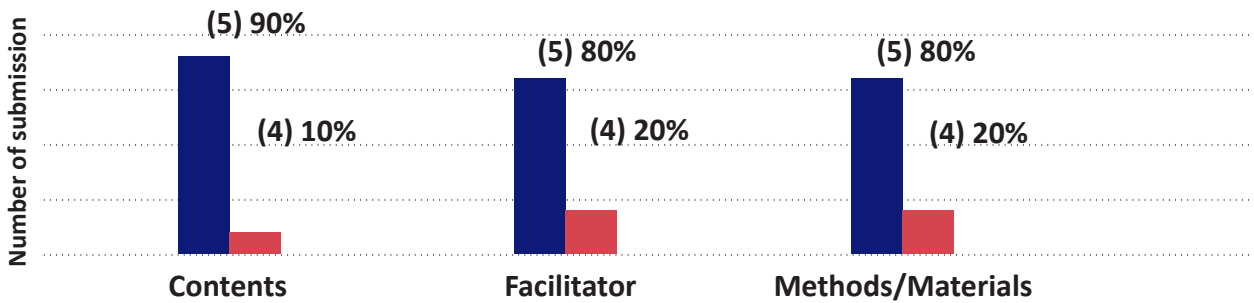
Action Plan Development



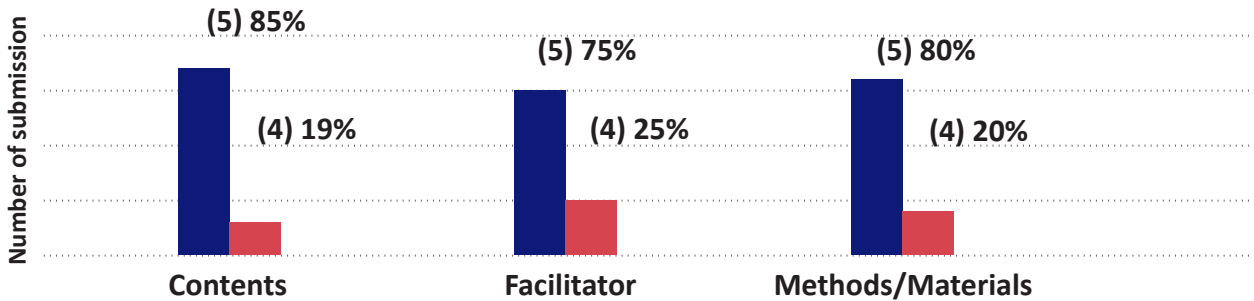


Day 12

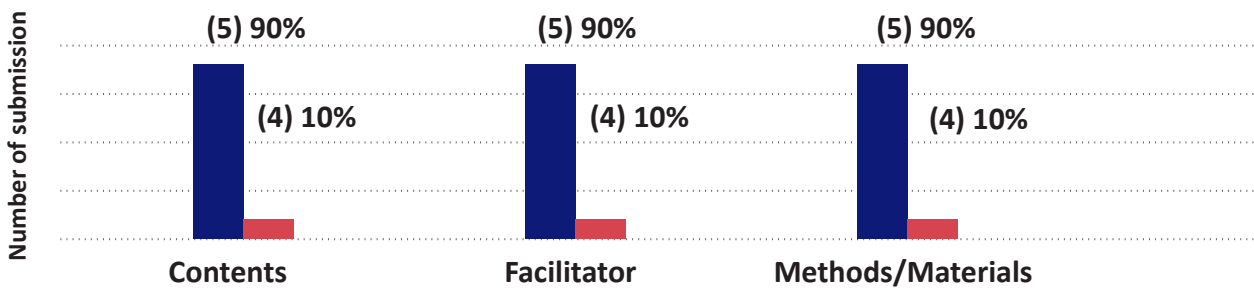
Action Plan Presentation



Networking & Follow Up System

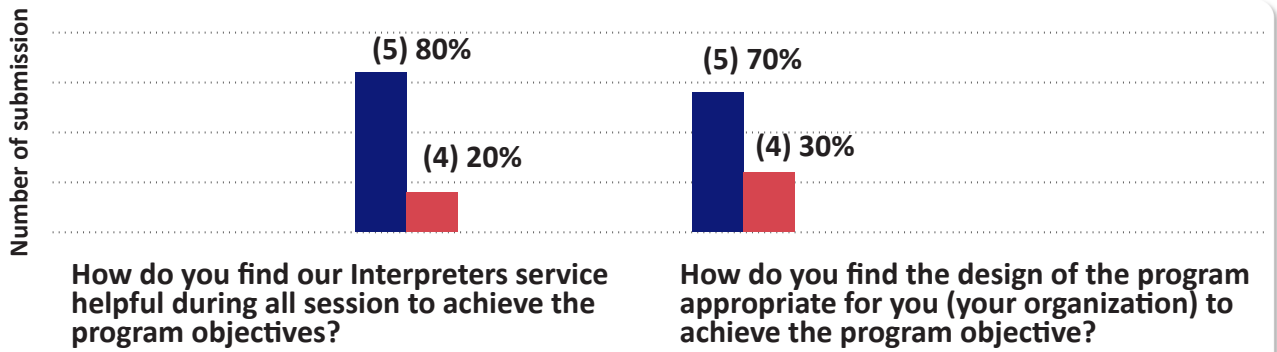


Certificate presentation and Closing ceremony

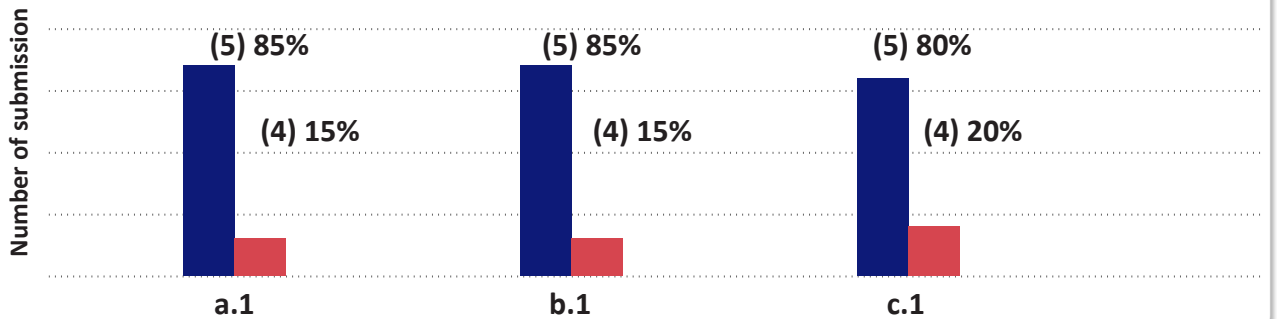


Third Country Training Program

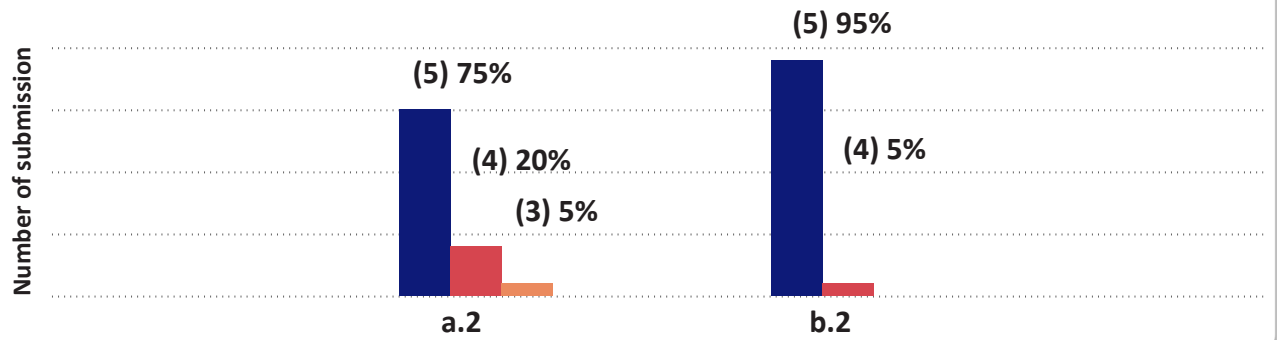
General on Logistic and to Others



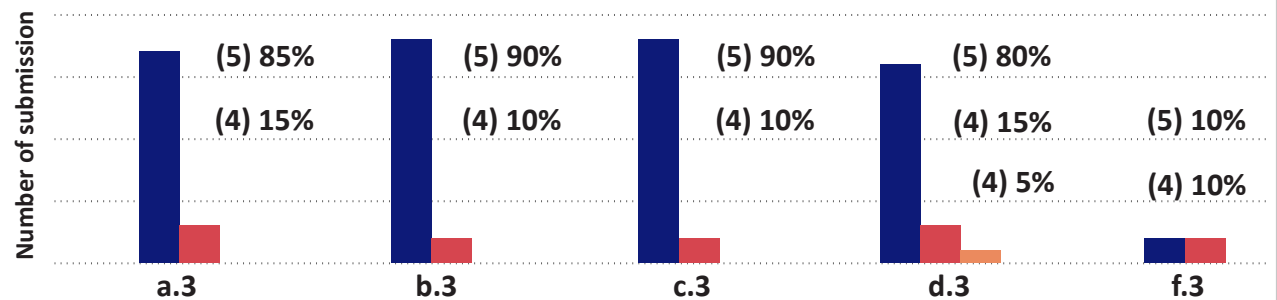
Venue and Time



Staffs and Services

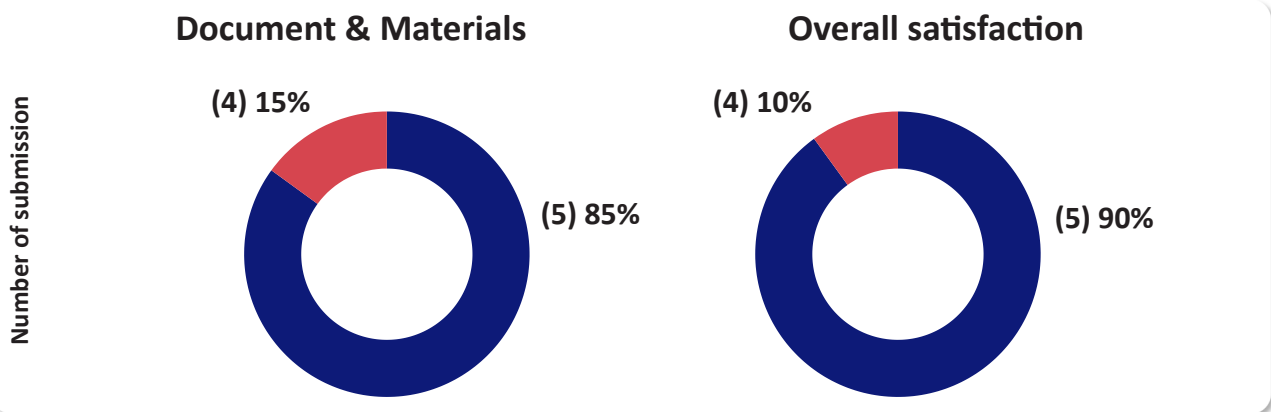


Logistic arrangement (before and during the training)





Ranking rate : (5) Very Good (4) Good (3) Fair (2) Poor (1) Very Poor



Overall General on Logistic and to Others

- Expectation met
- Overall training excellent, good experience from Course 1-3. Gaining knowledge. Very kind and cooperative, new resource speakers and knowledge. Thank you to TICA, JICA again and APCD staff for new network and hope. Thank you & Mabuhay!
- This is not the end of this course, but beginning.
- Thank you to all APCD team member for organizing wonderful intensive training.
- From participant with disability. I was booked for a quiet room which is a bit far from the elevator. Which is difficult for me. For next time I will look for room which is close to the lift. Besides everything is overall good. Many thanks with respect.
- Please share all presentation after training. I express gratitude.
- Amazing. Thank you for taking care us. I learn a lot of DiDRR.
- Overall is very good. Hope we can collaborate in the future.
- The organizers share course documents & photos activities link drive for best quality. Thank you
- We need more practice after theory. Example, participants produce their content after theory session. This will be more effective.
- More training on field in the future.

Third Country Training Program

Handbooks Qr-Code



Cambodia Handbook URL Link :

<https://drive.google.com/file/d/1jShJOqlnOknnriuXAw2IFVbKbFmLuzJH/view?usp=sharing>



Indonesia Handbook URL Link :

https://drive.google.com/file/d/1EUEh9veZQgTJGilGknoq6QkjSjW3w9_T/view?usp=sharing



Lao PDR Handbook URL Link :

<https://drive.google.com/file/d/1N9joEnK9Rv9KNInQyaFltHlkLB9qGZD/view?usp=sharing>



Myanmar Handbook URL Link :

https://drive.google.com/file/d/1ZHwMQzkO7j9Wq8zAzKm0KpTXlh4_YRAI/view?usp=sharing



Philippines Handbook URL Link :

<https://drive.google.com/file/d/1oa9MGrTDTWEkyipA4cW2S0XGcyBM2Tb/view?usp=sharing>



Thailand Handbook URL Link :

<https://drive.google.com/file/d/1ywlaLYjgHUQjLLyt24MmkOJYfY5HESgT/view?usp=sharing>



Vietnam Handbook URL Link :

<https://drive.google.com/file/d/14E1xgg-ee-QaVhzdaoniLnzKuMgjSCDB/view?usp=sharing>





Photos:



Mr. Wathana Onpanich, resource person from The Japan Foundation, explained about DiDRR card games.



Mr. Bill Ho, resource person from Asian Disaster Preparedness Center (ADPC), gave participants advice for exercise in his session.

Third Country Training Program



Learning session at the Stakeholders' meeting at the office of Hill Area and Community Development Foundation (HADF).





Dr. Akio Kawamura, a resource person from Mae Fah Luang University, gave participants advice for exercise in his session.



Learning session on Workshop on Social Media & Networking Production by Ms. Ketkamon Artrit, Communication designer/ Independent Consultant

Third Country Training Program



Learning session at Center of Disaster Prevention and Mitigation region 15, Chiang Rai Province on experienced the earthquake simulation van and to learned about the implementation of Department of Disaster Prevention and Mitigation (DDPM) on DRR and DiDRR in Thailand.

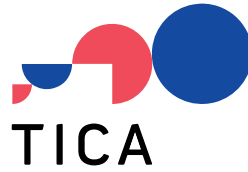




Learning sessions on information management for DiDRR by Mr. Hiroshi Kawamura, Japanese Short-term Expert, JICA.



The final group photo was taken with participants, Japanese resource person, all staff and Executives from TICA, JICA, and APCD.



Activity Report

Third Country Training Program

“Strengthening Disability-Inclusive Disaster Risk Reduction in the ASEAN Region”

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Website: www.apcdfoundation.org