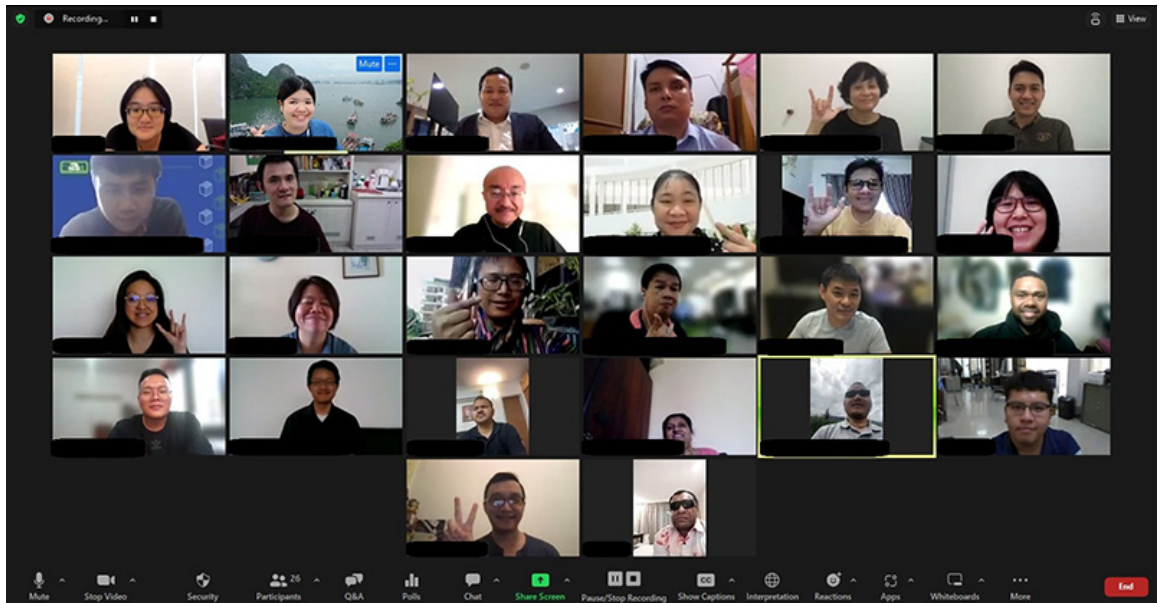




Summary Report



Disability Equality Training (DET) Facilitator Training (FT)

6 May to 9 September 2023 via Online

Organized by
Asia-Pacific Development Center on Disability (APCD)
Japan International Cooperation Agency (JICA)
Disability Equality Training (DET) Forum

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Executive Summary

1. Program Overview

The DET FT program, conducted by the Asia-Pacific Development Center on Disability (APCD), the Japan International Cooperation Agency (JICA), and the Disability Equality Training (DET) Forum, aimed to transform participants' perspectives on disability through exercises, the social model, and discussions on solutions for Persons with Disabilities (PWDs). Those who completed the training were registered as DET Facilitators and received certification.

2. Participants

Out of 84 applicants from Asia-Pacific countries and beyond, 27 participants were selected to attend the online training course. Of these, 20 completed the training and submitted all assignments.

3. Training Methodology

The training utilized online learning applications like Zoom for five video meetings on single Saturdays each month. Microsoft Word, Excel, and PowerPoint were used to create documents, and Gmail and Google Chat were used for questioning and discussions before submission. The DET FT tools comprise a Handbook for Trainers and a Workbook for resource learning. Presentations included PowerPoint presentations and video demonstrations. Participants could access the training on personal computers, tablets, or mobile phones.

4. Resource Persons & Zoom operators

Apart from participants and Dr. Kenji Kuno (Senior Advisor on Disability & Development from JICA / Advisor to APCD on disability & development), the resource persons included Mr. Sawang Srisom (Thailand), Ms. Natagamon Roongtim (Thailand), Mr. Watcharapol Chuengcharoen (Thailand), Mr. Fariz Rani (Malaysia), Ms. Sia Siew Chin (Malaysia), Ms. Eunice Factor (Philippines), and Ms. Nayfeh Kurdi (Jordan). All of them were qualified DET Senior facilitators. Operators Supaanong Panyasirimongkol and Chayoot Homdee were from APCD.

Outcomes

- 20 participants completed the training and received completion certification.
- Those who completed the DET FT were registered to a DET Forum as a DET facilitator.
- Qualification for completion certification: attendance of all live DET FT schooling sessions (5 sessions or watching recordings and submit report if absent); submission of summary sheets of 6 on-demand learning modules; conducting 1 DET onsite DET practice with submission of reports.
- DET Facilitators' Network: Google Space of DET FT group was developed as a platform for network of DET facilitators.

Conclusion

Overall, the DET FT program was a success, helping participants understand more and positively change their perceptions of individuals with disabilities. The program also created a network of DET facilitators who can continue to promote disability equality in their communities.

Recommendation

The DET FT program is a valuable resource for anyone who wants to learn more about disability equality and become a DET Facilitator. The program is well-designed and delivered by experienced professionals. They highly recommend this program to anyone who is interested in making a difference in the lives of people with disabilities.

1. What is DET FT ?

DET FT is Disability Equality Training Facilitator Training : A program was organized by APCD, JICA, and DET Forum. It was the first course of the “*Sustainable and Inclusive Learning Course (SILC)*.” The goal of the program was to train a group of persons with disabilities (PWDs) to become DET facilitators to lead advocacy and actions for disability inclusive development in the Asia Pacific Region.

The program consisted of 7 modules and lasted from 6 May to 9 September 2023. It utilized a combination of online learning, interactive live sessions, and onsite DET practices in their own countries. Participants were required to participate in all online live schoolings, submit all summary sheet answers before the deadline, conduct a required on-site DET practice, and submit feedback and their own translations of DET materials to their language.

Upon completion of the program, participants would be able to:

- Explain the Social Model of Disability and its implications for disability training.
- Facilitate a DET training session using a variety of learning methodologies.
- Develop and implement a DET training plan in their respective countries.
- Use DET as a tool of disability education to promote the Decade of Persons with Disabilities in Asia and the Pacific.

DET FT 2023 was an important opportunity for individuals with disabilities in Asia-Pacific countries to develop the mindset, skills, and knowledge they needed to lead in the action for disability inclusion. By participating in the program, participants will gain the tools to be an agent of change that they need to make a real difference in the lives of individuals with disabilities in their society and countries.

2. DET FT 2023 Course Schedule

Dates: May 6 - September 9, 2023

Format: On-demand learning and online live schooling

Course Outline:

Module 1: Introduction (May 13, May 20)

- Introduction to DET FT
- Introduction of participants

Module 2: DET Demonstration (May 27)

- Participants observed a DET demonstration facilitated by an experienced trainer.

Module 3: What is DET? (June 3, June 10)

- Participants learned about the history, principles, and practices of DET.

Module 4: Social Model of Disability (June 17, June 24)

- Participants learned about the Social Model of Disability and how to apply it to their work.

Module 5: Skills for DET Presentation & Facilitation (July 1, July 8)

- Participants learned the skills and techniques they needed to facilitate DET workshops and activities.

Module 6: DET Guidelines (July 15, July 22)

- Participants learned about the DET Guidelines and how to use them to design and implement DET programs.

Module 7: Conclusion (September 9)

- Participants reviewed their learning from the course and developed a plan for implementing DET in their own work.

On-Demand Learning:

Participants completed a series of on-demand learning modules at their own pace. Each module covered a different topic related to DET.

Online Live Schooling:

Participants attended five online live schooling sessions. These sessions were facilitated by experienced DET trainers and practitioners.

DET Practice:

Participants completed a required DET practice session. This session gave them an opportunity to apply the skills and knowledge they learned in the course.

Course Completion Requirements:

To complete DET FT 2023, participants must:

- Participate in all online live schooling sessions
- Submit all summary sheet answers by the deadline
- Conduct a require DET practice session and submit required materials (report & analysis)
- Submit a feedback sheet for the course
- Submit their own translation of DET materials to their language (DET PowerPoint, exercise, materials, transcript of video titled "*I am you*")

Submission Deadlines:

Participants must submit all summary sheet answers and DET practice materials by the deadlines specified in the course schedule.

Attendance:

Participants must attend all online live schooling sessions.

Additional Information:

- All online live schooling sessions were conducted in English.
- Participants received a certificate of completion upon successful completion of the course.

3. Completed Participant List

No.	Name	Disability type
1.	Mr. Pema Chhogyel	Blind
2.	Mr. Phurpa Wangchuk	Wheelchair User
3.	Mr. Yonten Jamtsho	Visual Impairment
4.	Mr. Nafitalai Uluinikorotabu	Wheelchair User
5.	Mr. Ramdas Shivhare	Blind
6.	Mr. Muhammad Abijdzar Alghivari	Autism
7.	Mr. Anthony Chong	Deaf
8.	Ms. Kimberly Ngo Sau Kum	Deaf
9.	Ms. Mah Su Yin	Deaf
10.	Ms. Sharon Ong	Deaf
11.	Ms. Susielawatie Bt Hassim	Deaf
12.	Mr. Myo Myat Maung	Blind
13.	Mr. Kaman Kelly Wasup	Visual Impairment
14.	Mr. Chia-Liang Sun	Cerebral Palsy
15.	Mr. Chih-Chieh (Jay) Hsu	Visual Impairment
16.	Ms. Duan Ke-Wei	Cerebral Palsy
17.	Ms. Lisa Loh	DeafBlind
18.	Ms. Manique Gunaratne	Visual Impairment
19.	Ms. Supaanong Panyasirimongkol (NuNu)	Autism
20.	Ms. Huynh Ngoc Hong Nhung	Wheelchair User

4. Evaluation

Overall Course Evaluation

The Course received an overall evaluation score of 4.3 out of 5. Participants found the course to be well-designed, informative, and engaging. They also appreciated the flexibility of the online format and the accommodative nature of the trainers and facilitators.

Specific Feedback

Here were some specific feedback extracts from participants:

Overall:

- *“The design of the course was very interesting and given sufficient flexibility to the participants.”*
- *“The trainers and facilitators were very accommodative and understanding.”*

Contents:

- *“Easy-to-understand DET class manuals and content. The main DET FT had a high level of expertise.”*

Method:

- *“Zoom was practical since it could reach participants without them having to travel.”*
- *“(online schooling) Two hours was sufficient, and you've picked the right day and time.”*

Administration:

- *“WhatsApp group was very helpful.”*

Learning Outcomes:

- *“Social model of disability”*
- *“Discovery learning/facilitation”*
- *“The thing we did not need to change is disabled people and the one we do was the society around disabled people that make them disabled.”*
- *“Impressed by the practice of the video “I am you” and the practice of putting the stars into the box”*
- *“Disability was no longer part of the person but it’s the policy and the attitudes of people”*

Thoughts on DET:

- *“Understanding the Social Model of Disability was crucial to improve our society to become more inclusive.”*
- *“The two key questions about disability, and two key points about actions were easy to be remembered by general public.”*
- *“How to avoid using professional terms, such as “e.g. CRPD or social model,” and still inspired participants to learn about equality. This has been very beneficial.”*
- *“DET training was a bridge and a medium for communication between people with disabilities and ordinary people.”*

- *“DET’s courses used some easier-to-understand modules and methods to make some concepts easier to understand”*
- *“Importance of “discovery learning”. Through guidance and dialogue, and returning to everyone's life experience, you would have different thoughts and discoveries”*

Future Application of DET:

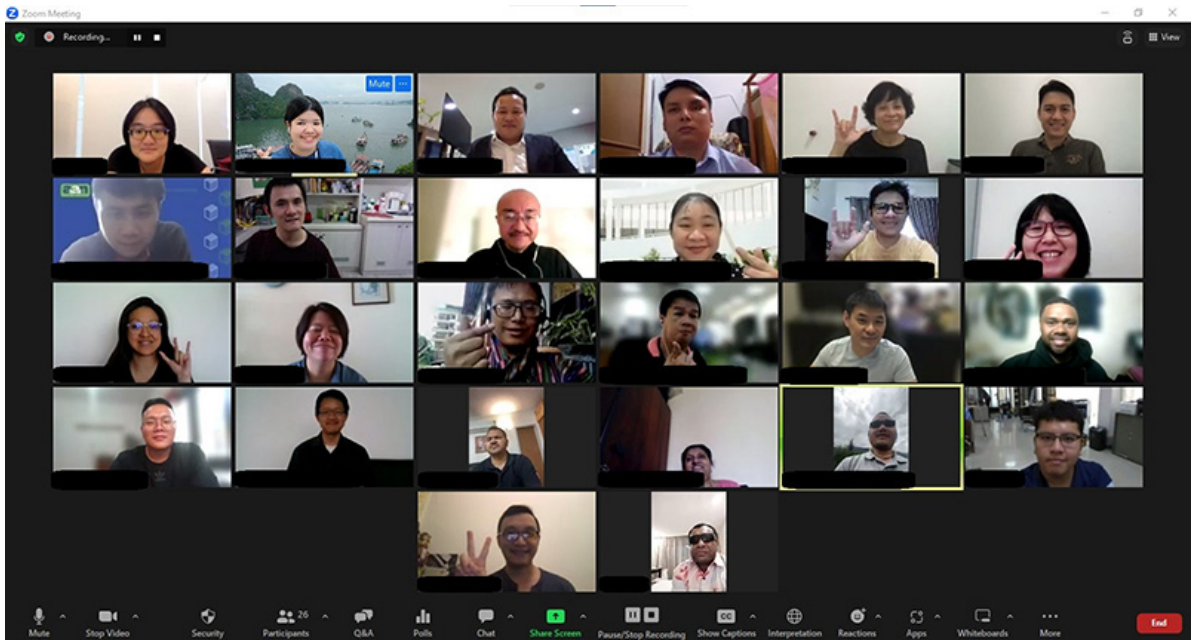
- *“Already started using the techniques learnt from this training”*

Suggestions & Comments:

- Offered follow-up training or senior facilitator training: This would allow participants to deepen their understanding of DET and to learn how to facilitate DET training themselves.

Overall, the DET course was well-received by participants. It was a valuable resource for individuals and organizations who wanted to learn more about disability equity and how to promote it.

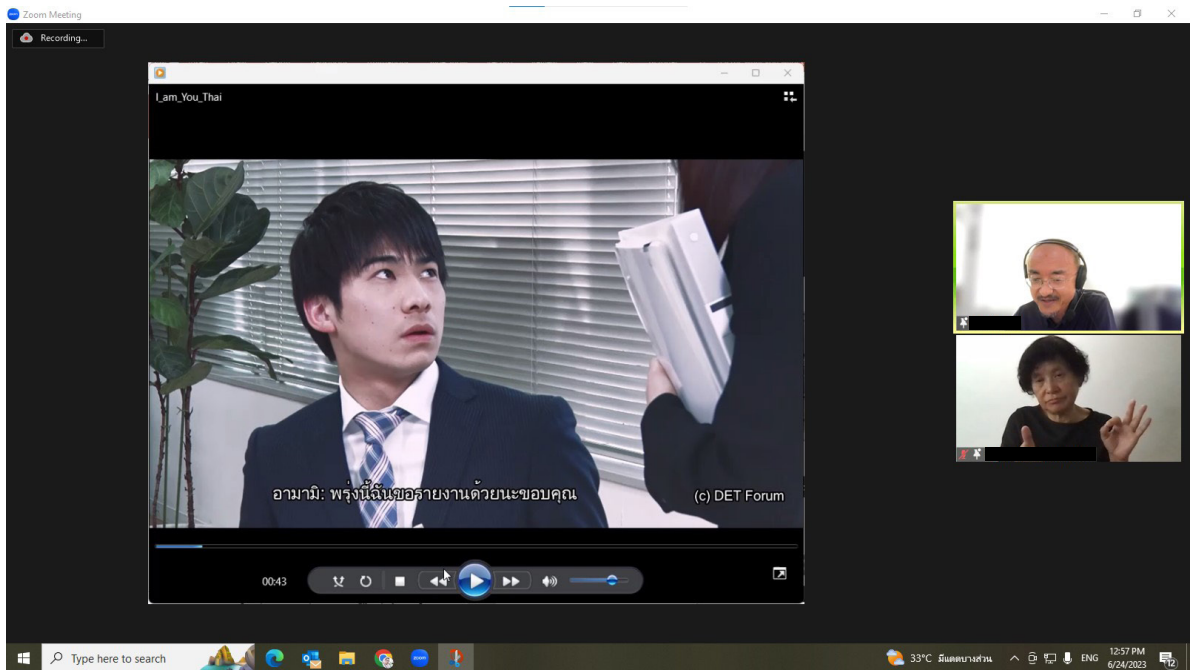
5. Photos



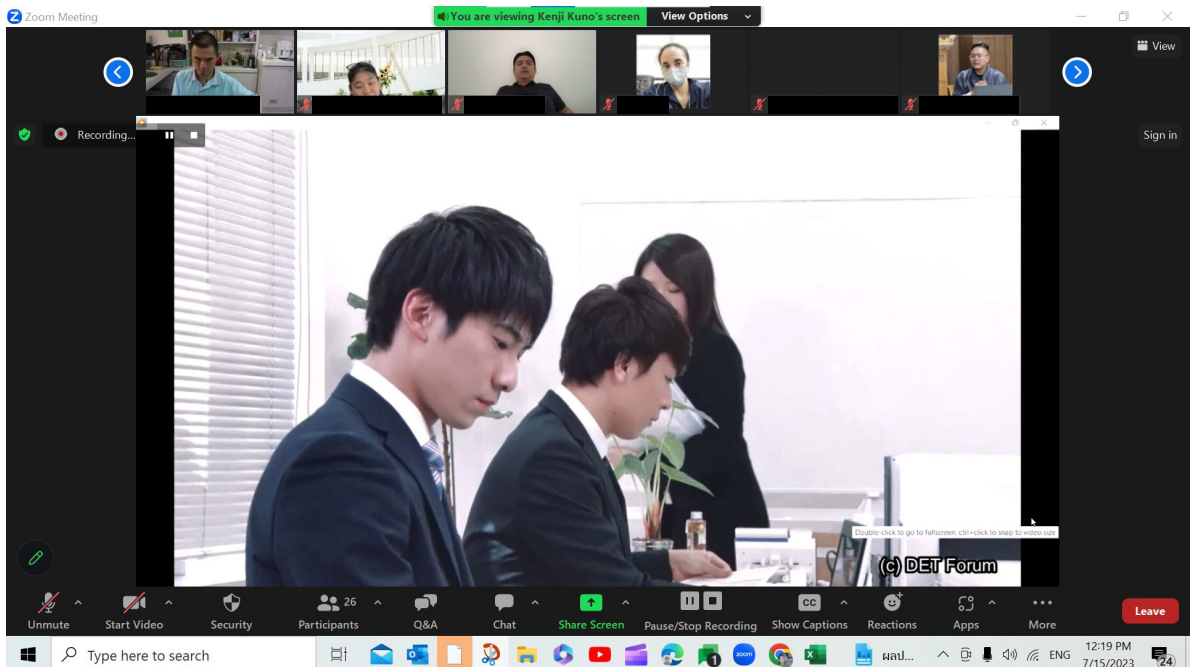
1st day of schooling. All Participants.



1st day of schooling. An Introduction of DET Training.



2nd day of schooling. An example of Video both people were discussing about task.



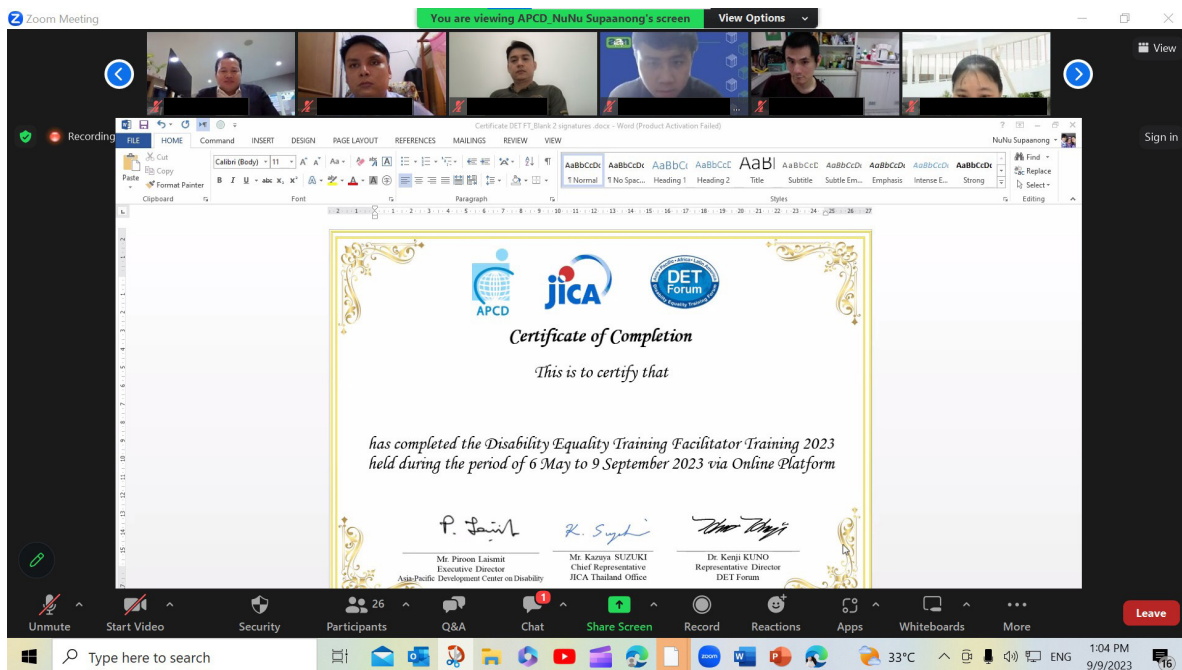
3rd day of schooling. An example of Video of employee who were working at work place.



4th day of schooling. An example of exercise "What and Where is Disability."



5th day of schooling. Dr. Kuno Kenji ,JICA Advisor on Disability & Development explained how to become DET FT Tutors.



5th day of schooling. Ms. Supaanong Panyasirimongkol, Networking & Collaboration Officer presented an example of certification for participants who submitted all tasks and participated in all 5 days.

6. DET Phamphlet



Asia-Pacific Development Center on Disability (APCD)
Japan International Cooperation Agency (JICA)
Disability Equality Training (DET) Forum

What is
disability?



Where is
Disability?

Let's get started!



The 2030 Agenda for Sustainable Development and its 17 Sustainable Development Goals (SDGs) vows that “no one will be left behind” and acknowledge disability as a cross-cutting issue that affects all SDGs.

What is "DET"

Disability Equality Training: DET

DET's ultimate goal is to facilitate its participants become agents of change who work to make our society more inclusive and equitable for everyone. In other words, DET's overarching goal is to spread a Social Model of Disability, which can then be used to better understand on disability and eliminate them. In addition, DET bases all of its training on discovery learning.



1st Half

90 minutes

Learn how to analyse disability in terms of discrimination, oppression, social exclusion, and limitations on participation by using the Social Model of Disability as a lens.



By analysing this scenario, for instance, participants explore the key questions "What is Disability?" and "Where is Disability?". Participants in this activity will be facilitated in realising the many ways in which people with impairments are prevented from fully participating in society due to social and environmental barriers.



Shortened version of training video is available on YouTube. (Japanese)

2nd Half

90 minutes

Create "my" steps toward an inclusive society for all.



Truly realise society and community is the goal of this activity, in which participants create concrete steps toward that end. This means that changes to "my" environment, procedures, rules, and business models; and, providing equal opportunities and access, must be concrete and doable.

The DET facilitator will not propose a solution but will encourage and collaborate to build one by asking questions like "What are the causes?" "Who is responsible?" "How can we/you improve it?" etc.



DET promotes the implementation of the United Nations (UN) Convention on the Rights of Persons with Disabilities (CRPD).

What is DET?

DET is a human rights education on disability that uses the Social Model of Disability to increase awareness of disability and encourages people to take positive steps to eliminate barriers that keep people with impairments from fully participating in society.



Contents

Social Model of Disability

The United Nations Convention on the Rights of People with Disabilities is based on the Social Model of Disability.

Action Making

Action Making is a crucial element of DET. The purpose of DET is to facilitate participants in becoming agents of change by developing proactive activities on disability.

Methods

Discovery Learning

DET uses the Discovery Learning approach, which encourages active participation and self-discovery to change ways to understand disability. DET is different from lectures or seminars. DET encourages participation by all.

DET Facilitators

All DET facilitators are the ones who have been experiencing disability in terms of discrimination and inequality; have a working knowledge of the Social Model of Disability as an analytical framework; and have facilitation skills to use Discovery Learning methodologies in DET.



■ Social Model of Disability

As a model of disability, Social Model of Disability gives a logical explanation how disability is created and its nature.

It explains disability as a socially constructed discrimination, inequality, and exclusion against people with impairments.

The DET is based on the Social Model of Disability as its primary conceptual underpinning.

It challenges the ideas that are associated with ableism while also calling into question the concept of normalcy.

Disability Equality Training (DET) Forum

DET Forum is a non-profit organization (NPO) registered in Japan. It is a global network of DET facilitators in more than 40 nations. DET Forum carries out DET and DET Facilitators Training.



DET Implementation



DET is implemented by a wide range of organisations, from the United Nations (e.g., UNESCO and ESCAP) to government agencies and private businesses. For example, 80,000 volunteers for the Tokyo 2020 Olympic and Paralympic Games participated in DET on diversity and inclusion.

DET Facilitator Training

Annually, DET Forum conducts DET Facilitator Training (FT) in English.

This online training includes of seven on-demand study modules, five live online schooling sessions, and a DET practice session (on-site at your local area).

Its contents consist of the followings:

- What is DET?
- Social Model of Disability
- Discovery Learning Methodologies (include Presentation & Facilitation skills)
- Making Plans for Action

On request, in-person DET FTs are also done. It is a two-week course (6 hours x 10 days).

DET & Simulation Exercise

Simulation exercises, such as moving around in a wheelchair or being blindfolded, can give a glimpse into the functional challenges faced by people with impairments, but they don't fully capture the broader issues of inequality and discrimination. Focusing solely on these experiences can limit our understanding of disability to just within functional aspects, making it harder to recognise and address it as a human rights issue.



Creating an inclusive society

Want to know more about DET?

Looking to deepen your understanding of DET?

Check out our collection of books and manuals, easily accessible by downloading them from the link provided or scanning the QR code:
<https://detforum.com/resources-links/>



And for a visual perspective, be sure to watch our video clips showcasing DET in Lebanon, brought to you by Red Oak and UNESCO.
<https://www.youtube.com/watch?v=v639wXDDINQ>



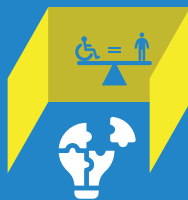
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